

12 WEEK GROUP THERAPY AGENDA

University of Colorado Hospital Non-Epileptic Seizure Clinic		
Attendees:	People like you!	
Leaders:	NES Clinic behavioral health providers.	
Please bring:	All of your questions!	
Dates: ____/____/____ through ____/____/____	<p>Week 1-12</p> <p>In the 12 week group the weekly therapy agenda is patient needs driven. Review and think about the following questions:</p> <ol style="list-style-type: none"> 1. How do you connect your emotional and physical pain and why is that important? 2. What role has trauma played in the development of your NES? 3. What is the NES trying to communicate to yourself and your family? 4. Why does your body manifest stress with NES? 5. How do you communicate your needs to people in your support network including medical providers, therapists, friends, and family members? 	<p>Virtual through Zoom Video-conferencing platform</p>

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