NES Group Zoom Meeting Directions:

** You can attend Zoom meetings using your computer OR phone. Please use whichever device has BOTH video and audio if possible**

- 1. NES Program Manager (Meagan) will contact you with a Meeting ID
- 2. Please go to <u>https://zoom.us/</u> using your chosen device's browser (computer or phone)
- 3. On the top of the webpage you will see JOIN A MEETING

Z	SOLUTIONS - PLANS & PRICING CONTACT SALES JOIN A MEETING	HOST A MEETING 👻	SIGN IN	SIGN UP, IT'S FREE
4.	. Click JOIN A MEETING			
5.	Enter the Meeting ID the NES Program Manager sent you, click Join			
	Join a Meeting			
	Meeting ID or Personal Link Name			
	Join			
6.	i. A pop up will appear – click Open Zoom Meetings			

Open Zoom Meetings?						
https://ucdenver.zoom.us wants to open this application.						
	Open Zoom Meetings	Cancel				

- 7. You will have the option to connect using a phone or your computer audio
 - a. If you choose phone, please dial one of the toll-free numbers displayed
 - b. Follow instructions given on the phone
 - c. Click Done you are in the session!

Choose ONE of the audio conference options		
😢 Phone Call	💻 Computer Audio	
Dial:	+1 346 248 7799 +1 669 900 6833 +1 253 215 8782 +1 301 715 8592 +1 312 626 6799 +1 646 876 9923	
Meeting ID:	454 309 648	
Participant ID:	20	
(Done	

- 8. Your leaders will specify how they would like each member to indicate they would like to speak or respond to another group member. They will either ask you to:
 - a. Raise a hand
 - b. Type your question/response in the Chat
- 9. To access the chat please click the Chat bubble on the bottom of the screen

Thank you very much for staying patient with the NES Clinic Team as we navigate the response to the Coronavirus. If you have any questions please contact the Program Manager at 720-445-5345 or email Meagan.watson@cuanschutz.edu